

Volunteering Matters

Eastleigh Edition

August 2020



Volunteering Matters provides a monthly round up of volunteering opportunities in the local area, provided by Volunteer Centre One Community. To find out more about volunteering, have a browse through this newsletter, or go to the website www.do-it.org to find all our volunteering opportunities online. Otherwise, you can call us for a chat on 023 8090 2400, or ask for information by emailing volunteer@1community.org.uk. Volunteer appointments are available from 1 August at Eastleigh Museum, please phone 023 8064 1202 or volunteer@1community.org.uk.

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Drivers



The Good Neighbours Scheme provides volunteer drivers to transport elderly and/or disabled people to and from hospital or doctor appointments. There are groups across the borough of Eastleigh which are in need of your help. This is a really flexible role, you get to choose how much time you give. Volunteers are offered a task by the coordinator which they are free to accept or not. You'll need access to your own car, and a full clean driving licence. Mileage is paid. The role is subject to references and a DBS check which will be arranged by the Good Neighbours Service. You'll need to be a confident driver who is reliable and sympathetic to those who are vulnerable. This role is really rewarding, a hour of your time can make a huge difference to an isolated person who is unable to get to an appointment. Lots of volunteers are needing to self isolate at the moment which means that there is a real shortage of volunteer drivers. Risk assessments have been done and training will be given on how to provide transport in a Covid secure way.

Hamble Good Neighbours, Bishopstoke & Fair Oak Good Neighbours, Chandlers Ford Good Neighbours, Colden Common Care Group, Botley Neighbourcare, Bursledon Good Neighbours, Beacon Good Neighbours and Hedge End Good Neighbours all need drivers. If your local group is not on the list, please do still get in touch as volunteers are needed across the borough.

Volunteer co-ordinators carry out the vital role of matching volunteer drivers with the client who needs to be driven to an appointment. Co-ordinators are added to a rota so will not be on duty all the time. On the days that you're rostered on, you respond to the answerphone message on the Good Neighbours phone and use the database of volunteer availability to find a volunteer. This role is done completely from home. You just need access to a phone and a computer.

Bishopstoke & Fair Oak Good Neighbours and Eastleigh Good Neighbours need volunteer co-ordinators.



COVID-19 Response Volunteers Needed

Volunteers in the Eastleigh town area are needed to assist One Community's CV Response work.

Volunteer Drivers – We are looking for volunteers who can deliver food from Eastleigh Basics Bank to people's homes.

Volunteer Shoppers – We are looking for volunteers who can shop for people in Eastleigh town who are unable to go out and shop for themselves.

Sowing Scrubs



For the love of scrubs are asking volunteers to sow pre cut fabric that they supply to make scrubs. Instructions are included. There are a range of items that you can make including masks. The scrubs will go to Winchester, Andover and Basingstoke areas and also to key workers that need them. You get a pack, sew it up and then hand it back—it's as easy as that. You will need to be a reasonably competent sewer for this role.

Retail Assistant

The local Salvation Army charity shop raises funds to support the Salvation Army who work to support the most vulnerable in society. This role is to support the Charity Shop Manager in running the shop. Tasks could include:



- Sorting and processing new donations
- Greeting customers and helping the shop to have a welcoming and friendly environment
- Serving customers and using the till
- Helping to keep the shop clean and tidy.

This role would suit someone organised and methodical who has good customer service skills and likes working as part of a team. You will need to be sympathetic to the aims of the Salvation Army and committed to safeguarding and protecting vulnerable children and adults. Full training will be provided and reasonable expenses paid. The time commitment is flexible, and will be agreed with the Charity Shop Manager.

Driver



Revitalise is a National Charity which provides short breaks and holidays for people with disabilities in accessible centres in the UK (one of which is in Netley.) Their shops support this

service by raising income for the charity. Revitalise is looking for a volunteer who is willing to drive stock between their local shops. The role would ideally be up to three mornings a week for 3 hours each morning. All fuel expenses will be paid. You'll need to be reasonably physically fit to lift stock in and out of the vehicle and available immediately.

Puppy Parent for Canine Partners

Canine Partners transforms the lives of people with physical disabilities by partnering them with assistance dogs. The amazing dogs bring a greater independence and quality of life to their partners, offering security, companionship, and practical help with everyday household tasks. Canine Partners needs puppy parents who can help provide a home for and train their puppies from eight weeks old until they are 12-14 months old, when they will be ready to start their advanced training at one of the training centres. Being a puppy parent is a highly rewarding, challenging but fun opportunity. Full training is given and you will need to commit to follow all Canine Partner guidelines.



Donate to a foodbank in the borough

Food banks are facing challenging times as they experience the highest ever level of demand for their services. If you can spare some groceries, or make a donation, please visit the Facebook pages or websites of the organisations below to find out more:

Eastleigh Basics Bank,

<https://eastleighbasicsbank.co.uk/>
facebook/eastleighbasicsbank

Hedge End Food Centre

facebook/hedgeendfoodcentre

Hound (Netley) Food Bank,

facebook/houndbasics

All the food banks are in need of tinned meat and tinned meat meals such as tinned curry, stew etc.

Hampshire Conservation Volunteers

HCV will be restarting in August.

They will be out most weekends carrying out practical conservation work for landowners such as Hampshire Wildlife Trust and



Butterfly Conservation. No prior experience is needed as full training will be given on the task. You will need to have your own transport as some tasks are in remote locations, and a reasonable degree of physical fitness. Future tasks include Ragwort pulling on Magdalen Hill Down, clearing vegetation at Phrympt Wood and clearing invasive scrub at Winnall Moors.